

Madison Public Library Storytime Kit (all ages)

FOOD & EATING, WINTER 2023

BOOKS

Books for babies

[Baby Food](#). Stefanie Paige Wieder.

[Stanley's Lunch Box](#). William Bee.

[Yummy yucky = ¡nám! ¡puaj!](#). Leslie Patricelli.

[Limon](#). Antonio Rubio.

[One, Two, Three, Dim Sum: A Mandarin-English Counting Book](#). Rich Lo.

[¡Nám!](#). Canizales.

Books for toddlers

[The Rice in the Rice Pot Goes Round and Round](#). Wendy Wan-Long Shang.

[The Very Hungry Caterpillar Eats Lunch](#).

[The Very Hungry Caterpillar](#). Eric Carle.

[Eat Together](#). Miguel Ordonez.

[Lunch](#). Denise Fleming.

[Baby Goes to Market](#). Atinuke.

[Jamberry](#). Bruce Degen.

[Growing Vegetable Soup](#). Lois Ehlert.

[¡Nám!](#) Canizales.

[Hay una vaca entre las coles](#). Clare Beaton.

[It Looked Like Spilt Milk/Nwg Zoo Le Mig Nyuj Nchuav](#). Charles G. Shaw.

Books for preschoolers

[Fry Bread](#). Kevin Noble Maillard.

[Sunday Pancakes](#). Maya Tatsukawa.

[Ice Cream Face](#). Heidi Woodward Sheffield.

[Paletero Man](#). Lucky Diaz.

[Chaiwala!](#) Priti Birla Maheshwari.

[Bee-bim Bop!](#) Linda Sue Park.

[Gold](#). Jed Alexander.

[Cake](#). Sue Hendra.

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[I Will Chomp You!](#) Jory John.

[Abuelita and I Make Flan.](#) Adriana Hernandez Bergstorm.

[The Carrot Seed / Lub Noob Zaub Ntug Hauv Pang Dlaaj.](#) Ruth Krauss.

[Paletero Man: que paletero tan cool.](#) Micah Player.

Books for school-age

[Dumplings for Lili.](#) Melissa Iwai.

[Hungry Johnny.](#) Wesley Ballinger.

[Soul Food Sunday.](#) Winsome Bingham.

[Thank you Omu!](#) Oge Mora.

[Berry Song.](#) Michaela Goade.

[Halal Hot Dogs.](#) Susannah Aziz.

[Si, no comi NADA!](#) Mar Benegas.

[Un lobo con mucha hambre.](#) Silvia Borando.

[Pulpo guisado.](#) Eric Velasquez.

SONGS, RHYMES & FELT BOARDS

For Babies/Toddlers

One Red Apple (Felt Board). Print out of rhyme in kit.

[Green Zucchini:](#)

Green zucchini, I like green zucchini

Green zucchini, that's what I like best.

Do you like it on your head?

Yes I like it on my head.

On your head? On my head.

Oooooohhhhhh

Verses: on my shirt, on my socks, etc.

[Picked a Strawberry:](#) can give each child/family a fruit/veggie to bring up after it is named

(Tune: Clementine)

Picked a strawberry, picked a strawberry

That was growing in the sun.

Then I washed it, and I ate it,

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And I picked another one.

Other verses: blueberry, blackberry, huckleberry, raspberry

For Preschoolers:

The Very Hungry Caterpillar (Felt story, book included in kit)

The Turnip: A Russian Tale (Felt story, scanned story in kit)

The Wide-Mouthed Frog (Felt story, story printout in kit)

Como Bien! Eat Right! - Jose-Luis Orozco (Spanish/English album all about food on **Spotify!**)

Hungry Monster:

Give each family/child a veggie/fruit.

Pretend to be a hungry monster (or other creature). You could dress-up to get really into it.

"I'm hungry! What do you have to feed me?!"

Have each family/child bring up their fruit/veggie.

Each time you are handed a fruit/veggie, *"Hmmmmm! I loooove"* (say something that rhymes with what it actually is!)

Have participants guess what the food really is, then place it back in the bag, or pretend to eat it.

Examples: *Smonger-melon* (watermelon), *patana* (banana), *japes* (grapes)

ADDITIONAL ELEMENTS

- Wooden rolling pin, spatula, spoon, plastic pot w/ lid, 15 plushie fruit/veggies, and cloth bag
 - **Play Idea:** Use the Loose Parts in combination with Stapelsteins. They work great as more open-ended kitchen play. Kids may combine "ingredients" into "pots" to cook different foods. They may also choose to sort, measure, or come up with their own way to play with the toys.
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CAREGIVER TIPS

Food teaches us so much! From colors, texture, flavors, shapes, temperature, seasons, culture, and more! As you and your child(ren) share a meal/snack, you can use food as a tool to talk about one of the above.